SHEAR HAVEN®

at YWCA Nashville & Middle Tennessee

SIGNS OF DOMESTIC VIOLENCE

Take the training and learn more by scanning this QR Code,

- *Telling you that you never do anything right*
- *Showing extreme jealousy of your friends or time away from them*
- *Preventing or discouraging you from spending time with friends, family or peers*
- *Insulting, demeaning, or shaming you, especially in front of others*
- *Preventing you from making your own decisions*
- *Controlling finances in the household*
- *Pressuring you to have sex or perform sexual acts you're not comfortable with*
- *Pressuring you to use drugs or alcohol*
- *Intimidating you through threatening looks or actions*
- *Has abused past partners*
- *Insulting your parenting or threatening to harm or take away your children or pets*
- *Intimidating you with weapons like guns, knives, bats, or mace*
- *Destroying your belongings or your home*

*Shear Haven is proud to offer education to the beauty industry. This training provides the tools to recognize the signs of domestic abuse and how to respond appropriately. Resources are available to victims and survivors . If you or someone you know needs help, please tear off a number below and call **Refuge** in the UK and **Women's Aid** in Ireland.*

WITH SUPPORT FROM

BARBICIDE®

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