Did you RNOW?



U.S. WOMEN ARE VICTIMS OF DOMESTIC VIOLENCE

1 IN 4

3



U.S. WOMEN ARE MURDERED BY THEIR PARTNERS EVERY DAY

U.S. CHILDREN ARE EXPOSED TO DOMESTIC VIOLENCE EACH YEAR

15.5
MILLION

\$37 BILLION \$\$\$\$

THE COST OF DOMESTIC VIOLENCE EACH YEAR

Domestic violence hurts **EVERYONE**.



eliminating racism empowering women **ywca**Nashville & Middle Tennessee



What is domestic violence?

Domestic violence is any pattern of behaviors that attempts to control and intimidate a partner or family member through fear, manipulation, isolation, financial abuse, physical abuse, sexual abuse and/or verbal abuse.

Recognize the signs of an abuser

Wants the relationship to move too fast
Is jealous
Isolates partner from friends or family
Exhibits controlling behavior
Blames others for problems or feelings
Has sudden mood swings
Speaks disrespectfully of opposite gender
Treats partner differently in public than behind closed doors
Says hurtful things or makes threats and then apologizes
Is cruel to children or animals
Makes inappropriate sexual demands
Has abused past partners

Does this sound like someone you love? You are not alone. It's not your fault. Abuse is not okay. Ever. Period. But abuse does happen - and when it does, there is help.

If you or someone you love is being hurt by a loved one, call the 24-hour free & confidential YWCA Crisis & Support Help Line at

> 1.800.334.4628 or text 615-983-5170